**How to capture Cacus**

Are you concerned about the disappearances that have been happening in your country? Do you lie trembling in your bed, worried that your cattle or even your family may be the next innocent victims? Do you live in fear of what might be waiting for you around the corner? If so, the likelihood is that you are terrified that the most gruesome and aggressive creature in the land - the Cacus- is in your neighbourhood! Do not despair! Help is at hand! The Cacus is not so hard to defeat, as it is rather dim-witted and enormous, so with a clever plan and a little bit of cunning, you could be the hero that saves the day! Follow these step-by-step instructions and soon you should have eliminated this terrible beast.

**What you will need ( equipment) :**

* A large spherical ice cube
* 8 metres of unbreakable, fire-resistant rope
* A strawberry lollipop
* 3 large extra-strong, elastic bands
* A large tube of very sticky glue
* A trumpet
* Your favourite meal

**What you have to do:**

1. First, unwrap the strawberry lollipop (make sure you keep the wrapper safe so you do not litter the environment) and suck gently because the therapeutic flavour of the lollipop will calm your nerves and help you to think carefully about each of the following dangerous steps.
2. Next, take the very end of the unbreakable rope and secure it tightly to a strong branch of a tree right near the entrance to the Cacus’ cave. So, when it emerges from its home, you will be ready to tie up the Cacus’ dangerously sharp claws, thus preventing any physical injury to your body.
3. Then, place one large elastic band on either side of the entrance to the cave (you must make sure you do this quietly, so you do not wake the Cacus). The remaining band, place 5 metres directly in front of the boulder - that acts as its door. You will wrap these around its mouth to prevent it from opening, saving yourself from a fiery death.
4. After that, ensure the ice sphere is placed immediately in front of the doorway, as a result of this the Cacus will slip on it as soon as it emerges and fall onto its back. This essential step must be carried out with precision.
5. Next, liberally squirt the very sticky glue over the rocky ground in front of, and around the cave entrance. Therefore, once it has fallen on its back, the beast consequently will be immobilised.
6. Then, sit down in a shaded spot and peacefully enjoy your delicious meal (as it may be your last).
7. After that, prepare yourself by taking three huge breaths, lift the trumpet to your lips and blow with all your might. This will disturb the Cacus and ensure he leaves his home.
8. Next, once the Cacus has slipped on the ice sphere (that you had positioned earlier), it is glued to the ground and it has been knocked unconscious -but only for a short while- immediately, tie up the Cacus’ razor-sharp claws and wrap the elastic bands around its mouth. This will prevent any nasty bites, scratches or unexpected fire spits.
9. Finally, pick up the ice sphere and push it into the Cacus’ huge nostrils, so when it breathes, the ice will slip into its lungs and douse the fire inside. You have successfully capture the most feared creature in all the land - well done!

**Top Tips**

Wear fire-resistant clothing at all times because this could protect you from certain death if you have not followed these steps carefully.

**Recommendations**

Have a backup plan! Train yourself to run super quick so you can escape certain death. Buy a baby bird suit to fool the Cacus into caring for you rather than killing you. Purchase a gas mask or a peg for your nose, if you can’t stand the Cacus’ vile stench.